

**BSPH with Concentration in Medicine Sciences
PRE-PT/OT Track
Sample Four-Year Plan**

FALL	WINTER	SPRING
Year 1		
BILD 1 CHEM 6A MATH 10A/20A	BILD 2 CHEM 6B MATH 10B/20B	BILD 3 CHEM 6C CHEM 7L
Year 2		
BICD 100^ or BIPN 100^ PH 40 Quantitative Methods (STATS)	BICD 100^ or BIPN 100^ or BIPN 105^ PH 45 LD PH __	BICD 100^ or BIPN 105^ LD PH __ (Trending Topics) PH 110
Year 3		
PH 101 or 102 PHYS 1A+AL if have room consider ^pre-pt/ot course	PH 101 or 102 PHYS 1B+BL if have room consider ^pre-pt/ot course	PH UDE PHYS 1C+CL if have room consider ^pre-pt/ot course
Year 4		
PH 120 PH UDE	UD Bio Lab PH 193 USP 143	PH 130 PH 194

*Many Concentration UDEs have additional Biology and/or Chemistry Sciences prerequisites that must be completed prior to enrollment. Students should plan out Concentration courses early to avoid time-to-degree delays.

NOTE:

LD PH __ (Trending Topics): Lower-division public health trending topics (PH 70-85)

LD PH __: Lower-division public health elective (PH 50-95, 98, 99)

PH UDE: Upper-division public health elective (PH 140-191, 195, 198, 199)

Concentration UDE: Upper-division concentration public health elective (accepted courses listed on our website)

STRONGLY ENCOURAGED COURSES TO COMPLETE @ CC:

^HIGHLY RECOMMENDED COURSEWORK (depending on program - not all programs require courses listed below):

LD: PSYC 1, BILD 22, TDGE 25, PHYS 1A+1A, PHYS 1B+BL, PHYS 1C+CL, Art courses

Anatomy w/ lab, Physiology w/ lab - Take at CC or through UC San Diego Extended Studies

Medical Terminology, Medical Spanish - Take at CC or through UC San Diego Extended Studies

UD: BICD 100, BIPN 100, BIPN 105 - All listed courses satisfy Concentration UDE

PSYC 100

GENERAL CAREER & GRADUATE SCHOOL ADVISING:

<https://career.ucsd.edu/advising/>

PRE-HEALTH (INCLUDING PUBLIC HEALTH) CAREER & GRADUATE SCHOOL ADVISING:

<https://healthbeat.ucsd.edu>

PLANNING YOUR FUTURE IN PUBLIC HEALTH:

<https://ph.ucsd.edu/undergrad/planning-your-future/index.html>